

# GLUTEN FREE

## APPETIZER

<b>Edamame</b> boiled green soy beans	<b>6.95</b>
<b>Sunomono</b> bean noodle in cold sweet vinegar sauce	
<b>Vegetable</b>	<b>6.55</b>
<b>Ebi</b> shrimp	<b>7.55</b>
<b>Kani</b> real crab	<b>9.55</b>
<b>Gomae</b> spinach salad with sweet sesame sauce	<b>6.95</b>
<b>Vegetable Gyoza</b> plant-based dumpling	<b>8.55</b>
<b>Agedashi Tofu</b> 8pcs deep fried tofu	
<b>Regular</b>	<b>9.55</b>
<b>Spicy</b>	<b>9.55</b>
<b>Ebi Salad Wrap</b>	<b>9.55</b>
cucumber, avocado, shrimp wrapped in rice paper with wasabi mayo	
<b>Yakitori</b> 2pcs of chicken skewer	<b>9.95</b>
<b>Spicy Chicken</b>	<b>13.95</b>
deep fried boneless spicy chicken	
<b>Sashimi</b>	<b>13.25</b>
5pcs of mixed tuna & atlantic salmon sashimi	

## TERIYAKI *served with rice*

<b>Tofu</b>	<b>18.95</b>	<b>Beef</b>	<b>22.95</b>
<b>Chicken</b>	<b>20.95</b>	<b>Salmon</b>	<b>23.95</b>

## DONBURI *rice bowl*

<b>Tofu Teriyaki Don</b>	<b>16.95</b>
<b>Chicken Teriyaki Don</b>	<b>18.95</b>
<b>Beef Teriyaki Don</b>	<b>20.95</b>
<b>Salmon Don</b>	<b>20.95</b>
7pcs of atlantic salmon sashimi on sushi rice bowl	
<b>Tuna Don</b>	<b>20.95</b>
7pcs of tuna sashimi on sushi rice bowl	
<b>Chirashi Don</b>	<b>28.95</b>
12pcs assorted sashimi on sushi rice bowl	

## SASHIMI

*sliced raw fish served with thinly chopped radish*

<b>Tuna Sashimi</b>	5pcs <b>13.25</b> , 9pcs <b>23.55</b>
<b>Atlantic Salmon Sashimi</b>	5pcs <b>13.25</b> , 9pcs <b>23.55</b>
<b>Sockeye Salmon Sashimi</b>	5pcs <b>15.95</b> , 9pcs <b>28.55</b>
<b>Toro Sashimi</b> <i>*limited quantity</i>	5pcs <b>17.75</b> , 9pcs <b>31.95</b>
Tuna Belly	
<b>Assorted Sashimi</b>	12pcs <b>34.95</b>

## NIGIRI SUSHI *individual piece of sushi*

<b>Avocado</b>	<b>2.75</b>	<b>Tako</b>	<b>3.75</b>
<b>Ebi</b> shrimp	<b>2.95</b>	<b>Hotate</b>	<b>3.75</b>
<b>Tuna</b>	<b>2.95</b>	whole scallop	
<b>Atlantic Salmon</b>	<b>2.95</b>	<b>Toro</b> tuna belly	<b>3.95</b>
<b>Sockeye Salmon</b>	<b>3.55</b>	<i>*limited quantity</i>	
<b>Ika</b> cuttlefish	<b>3.55</b>	<b>Botan Ebi</b>	<b>5.25</b>
		spot prawn with deep fried shrimp head	
		<b>Kani</b> real crab	<b>5.55</b>

## MAKI *seaweed outside roll*

<b>Kappa Maki</b> cucumber	<b>4.95</b>
<b>Avocado Maki</b>	<b>5.55</b>
<b>Tuna Maki</b>	<b>5.95</b>
<b>Atlantic Salmon Maki</b>	<b>5.95</b>
<b>Ebi Maki</b> shrimp	<b>5.95</b>
<b>Sockeye Salmon Maki</b>	<b>6.55</b>
<b>Negitoro Maki</b> <i>*limited quantity</i>	<b>8.55</b>
tuna belly chopped with green onion	

## ROLL *rice outside roll*

<b>Cucumber Roll</b>	<b>6.55</b>
<b>Avocado Roll</b>	<b>6.95</b>
<b>Avocado &amp; Cucumber Roll</b>	<b>6.95</b>
<b>Vegetable Roll</b>	<b>7.95</b>
cucumber, avocado, lettuce, radish, carrot	
<b>Tuna &amp; Avocado Roll</b>	<b>8.95</b>
<b>BC Roll</b>	<b>7.95</b>
BBQ salmon skin, avocado, cucumber, lettuce, teriyaki sauce	
<b>Sockeye Salmon &amp; Avocado Roll</b>	<b>9.55</b>
sockeye salmon, avocado	
<b>Chicken Teriyaki Roll</b>	<b>8.95</b>
grilled chicken, lettuce, cucumber with teriyaki sauce	
<b>Beef Teriyaki Roll</b>	<b>9.95</b>
grilled beef, cucumber, lettuce with teriyaki sauce	
<b>Philadelphia Roll</b>	<b>9.95</b>
cream cheese, smoked salmon, cucumber, avocado, lettuce	
<b>Real Crab Roll</b>	<b>16.75</b>
cucumber, avocado, real crab	
<b>Mango Ebi Roll</b>	<b>17.95</b>
mango, avocado, shrimp, wasabi mayo sauce	

## SUSHI COMBO *served with miso soup*

<b>Roll Combo</b>	<b>14.25</b>
8pcs california roll, 6pcs dynamite roll	
<b>Spicy Roll Combo</b>	<b>15.25</b>
6pcs spicy tuna roll, 6pcs spicy salmon roll	
<b>Teriyaki Roll Combo</b>	<b>15.75</b>
6pcs chicken teriyaki roll, 6pcs beef teriyaki roll	
<b>Vegetable Roll Combo</b>	<b>16.55</b>
6pcs avocado maki, 6pcs cucumber maki, 6pcs vegetable roll	
<b>California Combo</b>	<b>20.55</b>
8pcs california roll, 5pcs nigiri sushi	
<b>Dynamite Combo</b>	<b>22.25</b>
6pcs dynamite roll, 5pcs nigiri sushi	
<b>Assorted Sushi Combo</b>	<b>26.95</b>
7pcs of nigiri sushi, 3pcs of tuna maki & 3pcs of atlantic salmon maki	

## PARTY TRAY *take out only*

<b>Roll Tray (48pcs)</b>	<b>49.95</b>
California roll, bc roll, chicken teriyaki roll, spicy tuna roll, twisted california roll, tuna & salmon maki, crunch roll	
<b>Sushi Tray (55pcs)</b>	<b>87.95</b>
15 Pcs of nigiri sushi, california roll, dynamite roll, chicken teriyaki roll, unagi maki, chopped scallop roll, red dragon roll	
<b>Deluxe Tray (59pcs)</b>	<b>107.95</b>
12pcs Assorted sashimi, 15 pcs of nigiri sushi, california roll, dynamite roll, chicken teriyaki roll, house roll, philadelphia roll	

## TAKE OUT SPECIAL *take out only*

<b>Teriyaki Box</b>	
teriyaki, rice, 4pcs of assorted tempura, 4pcs of california roll	
<b>Tofu</b>	<b>16.95</b>
<b>Chicken</b>	<b>17.95</b>
<b>Beef</b>	<b>18.95</b>
<b>Take Out A.</b>	<b>16.95</b>
4pcs california roll, 6pcs dynamite roll, 6pcs chicken teriyaki roll	
<b>Take Out B.</b>	<b>17.95</b>
4pcs california roll, 3pcs spicy tuna roll, 6pcs dynamite roll, 3pcs tuna maki, 3pcs salmon maki	
<b>Sushi Box</b>	<b>28.95</b>
4pcs of nigiri sushi, 4pcs of california roll, 5pcs sashimi, green salad	
<b>Roll Combo for 2</b>	<b>34.95</b>
8pcs california roll, 6pcs spicy tuna roll, 6pcs chicken teriyaki roll, 3pcs tuna & 3pcs salmon maki, 8pcs crunch roll	

**WASABI SUSHI | GRILL 604 477 0222**

# WASABI

## SUSHI | GRILL

EAT IN & TAKE OUT

- No Peanut**
  - Less Sugar**
  - Less Fat**
  - Low Sodium**
  - Gluten Free**
  - Brown Rice**
- ## Sushi

[www.wasabisushiNgrill.com](http://www.wasabisushiNgrill.com)

**"Online Order Available"**

# 604 477 0222

#5 - 21768 Lougheed Hwy.  
Maple Ridge, BC V2X 2S1

**\* Wi-fi available | Licensed \***

**Business Hour**

Tue.- Sat. 11:30am~8:00pm

## SOUP & SALAD

<b>Miso Soup</b> japanese bean paste soup	<b>1.95</b>
<b>Sunomono</b> bean noodle in cold sweet vinegar sauce	
<b>Vegetable</b>	<b>5.95</b>
<b>Ebi</b> shrimp	<b>6.95</b>
<b>Tako</b> octopus	<b>7.95</b>
<b>Kani</b> real crab	<b>8.95</b>
<b>Gomae</b> spinach salad with sweet sesame sauce	<b>6.75</b>
<b>House Green Salad</b>	<b>9.95</b>

## APPETIZER

<b>Edamame</b> boiled green soy beans	<b>6.95</b>
<b>Yakitori</b> 2pcs of chicken skewer	<b>8.95</b>
<b>Gyoza</b> 5pcs of deep fried dumpling	
<b>Pork</b>	<b>7.75</b>
<b>Vegetable</b>	<b>7.75</b>
<b>Agedashi Tofu</b> 8pcs deep fried tofu	
<b>Regular</b>	<b>7.95</b>
<b>Spicy</b>	<b>7.95</b>
<b>Katsu(cutlet) Chicken</b>	<b>9.95</b>
<b>Chicken Karage</b> deep fried boneless chicken	<b>11.95</b>
<b>Ebi Salad Wrap</b> cucumber, avocado, shrimp wrapped in rice paper with wasabi mayo	<b>9.55</b>
<b>Sashimi</b> 5pcs of mixed tuna & atlantic salmon sashimi	<b>12.25</b>
<b>Spicy Chicken</b> deep fried boneless spicy chicken	<b>12.95</b>
<b>Heart Attack</b> 4pcs, breaded and deep fried jalapeno stuffed with spicy tuna, cream cheese and spicy mayo on top	<b>17.95</b>

\* Please let your server know if you have any allergy  
 \* There will be an additional charge for extra sauces  
 \* All items & prices are subject to change without notice

# WASABI SUSHI | GRILL

**604 477 0222**

#5-21768 Lougheed Hwy, Maple Ridge, BC V2X 2S1

## TEMPURA

<b>Appetizer Tempura</b> 2pcs of prawn & 3pcs of vegetable tempura	<b>10.75</b>
<b>Salmon Tempura</b> 5pcs of salmon tempura	<b>10.75</b>
<b>Soft Shell Crab Tempura</b> deep fried crab	<b>13.95</b>
<b>Vegetable Tempura</b> 8pcs of assorted vegetable tempura	<b>15.95</b>
<b>Yam Tempura</b> 8pcs of yam tempura	<b>15.95</b>
<b>Prawn Tempura</b> 7pcs of prawn tempura	<b>16.55</b>
<b>Assorted Tempura</b> 4pcs prawn & 2pcs salmon & 6pcs vegetable tempura	<b>24.95</b>
	<b>* extra prawn – \$2.55 / extra vege – \$2.25</b>

## DONBURI rice bowl

<b>Tofu Teriyaki Don</b>	<b>14.55</b>
<b>Chicken Teriyaki Don</b>	<b>15.95</b>
<b>Beef Teriyaki Don</b>	<b>17.95</b>
<b>Salmon Don</b> 7pcs of atlantic salmon sashimi on sushi rice bowl	<b>18.95</b>
<b>Tuna Don</b> 7pcs of tuna sashimi on sushi rice bowl	<b>18.95</b>
<b>Unagi Don</b> 6pcs of BBQ eel on sushi rice bowl with unagi sauce	<b>20.95</b>
<b>Chirashi Don</b> 12pcs assorted sashimi on sushi rice bowl	<b>26.95</b>
<b>Spicy Chirashi Don</b> assorted sashimi and vegetables on sushi rice with house spicy sauce on side	<b>29.95</b>

## NIGIRI SUSHI individual piece of sushi

COOKED		RAW	
<b>Inari</b> bean curd	<b>2.55</b>	<b>Avocado</b>	<b>2.55</b>
<b>Tamago</b> egg omelet	<b>2.55</b>	<b>Tuna</b>	<b>2.75</b>
<b>Ebi</b> shrimp	<b>2.75</b>	<b>Atlantic Salmon</b>	<b>2.75</b>
<b>Tako</b> octopus	<b>3.55</b>	<b>Sockeye Salmon</b>	<b>3.25</b>
<b>Unagi</b> BBQ eel	<b>3.55</b>	<b>Ika</b> cuttlefish	<b>3.25</b>
<b>Kani</b> real crab	<b>5.25</b>	<b>Hotate</b> whole scallop	<b>3.55</b>
		<b>Tobiko</b> flying fish roe	<b>3.55</b>
		<b>Toro</b> *limited quantity tuna belly	<b>3.75</b>
		<b>Chopped Scallop</b> chopped baby scallop mixed with tobiko and mayo	<b>3.75</b>
		<b>Botan Ebi</b> spot prawn with deep fried shrimp head	<b>4.95</b>

**ABURI SUSHI AVAILABLE**

with \$1.00 additional charge

## ROLL rice outside roll

<b>Cucumber Roll</b>	<b>5.55</b>
<b>California Roll</b> crab meat, avocado, cucumber	<b>5.95</b>
<b>Avocado Roll</b>	<b>5.95</b>
<b>Avocado &amp; Cucumber Roll</b>	<b>5.95</b>
<b>Vegetable Roll</b> inari, cucumber, avocado, lettuce, radish, carrot	<b>6.95</b>
<b>Yam Tempura Roll</b> yam tempura, avocado, cucumber, lettuce	<b>6.95</b>
<b>Spicy Tuna Roll</b> spicy tuna, green onion, avocado, cucumber	<b>7.55</b>
<b>Spicy Salmon Roll</b> spicy salmon, green onion, cucumber	<b>7.55</b>
<b>Chicken Teriyaki Roll</b> grilled chicken, lettuce, cucumber with teriyaki sauce	<b>7.55</b>
<b>Beef Teriyaki Roll</b> grilled beef, cucumber, lettuce with teriyaki sauce	<b>7.95</b>
<b>Dynamite Roll</b> avocado, cucumber, lettuce, prawn tempura	<b>7.95</b>
<b>Tuna &amp; Avocado Roll</b>	<b>7.95</b>
<b>Chopped Scallop Roll</b> scallop, tobiko, mayo, cucumber	<b>7.95</b>
<b>BC Roll</b> BBQ salmon skin, avocado, cucumber, lettuce, crab meat, teriyaki sauce	<b>7.95</b>
<b>Sockeye Salmon &amp; Avocado Roll</b> sockeye salmon, avocado	<b>8.55</b>
<b>Twisted California Roll</b> deep fried california roll with cream cheese inside and spicy mayo, teriyaki sauce on top	<b>8.95</b>
<b>Philadelphia Roll</b> cream cheese, smoked salmon, cucumber, avocado, crab meat, lettuce	<b>9.95</b>
<b>Crazy Roll</b> atlantic salmon, tobiko, crab meat, cucumber, lettuce, avocado, spicy sauce, teriyaki sauce	<b>9.95</b>
<b>House Roll</b> tuna, atlantic salmon, ebi, cucumber, avocado, lettuce, radish, spicy sauce	<b>9.95</b>
<b>AvoToro Roll</b> *limited quantity avocado, tuna belly, tobiko & mayo	<b>11.55</b>
<b>Spider Roll</b> soft shell crab, tobiko, crab meat, cucumber, avocado, teriyaki sauce, donkatsu sauce, mayo	<b>11.95</b>
<b>Caterpillar Roll</b> crab meat, cucumber, avocado	<b>12.55</b>
<b>Crunch Roll</b> prawn tempura, crab meat, cucumber, avocado, crispy crumb, teriyaki sauce on top	<b>12.55</b>
<b>Creamy Yammy Roll</b> cream cheese, yam, avocado, teriyaki sauce & tempura crumb	<b>12.95</b>
<b>Pacific Roll</b> salmon tempura, cucumber, avocado, cream cheese, tobiko, spicy mayo, teriyaki sauce	<b>13.55</b>
<b>Red Ocean Roll (Deep Fried)</b> spicy tuna, spicy salmon, cream cheese, green onion, avocado, spicy mayo	<b>13.95</b>
<b>Rainbow Roll</b> avocado, tamago, crab meat, salmon, cucumber, shrimp	<b>14.95</b>
<b>Real Crab Roll</b> cucumber, avocado, real crab	<b>15.75</b>
<b>Double Dynamite Roll</b> real crab, prawn tempura, tobiko, avocado, cucumber, lettuce	<b>16.95</b>

<b>Mango Ebi Roll</b> mango, avocado, shrimp, wasabi mayo sauce	<b>16.95</b>
<b>Red Dragon Roll</b> prawn tempura, crab meat, cucumber, avocado, spicy tuna on top	<b>16.95</b>
<b>Dragon Roll</b> prawn tempura, crab meat, cucumber, unagi, avocado, unagi sauce	<b>17.95</b>
<b>Tempting Red Roll</b> sockeye salmon, avocado, cucumber, spicy tuna, green onion, wasabi mayo sauce	<b>17.95</b>

**\* sauce on roll \$0.50**  
 spicy mayo / wasabi mayo / house spicy / sriracha / teriyaki sauce  
**\* add cream cheese \$1.00 \* deep fry \$1.00**

## MAKI seaweed outside roll

<b>Kappa Maki</b> cucumber	<b>4.55</b>
<b>Tamago Maki</b> egg omelet	<b>4.55</b>
<b>Avocado Maki</b>	<b>4.95</b>
<b>Tuna Maki</b>	<b>5.55</b>
<b>Ebi Maki</b> shrimp	<b>5.55</b>
<b>Atlantic Salmon Maki</b>	<b>5.55</b>
<b>Sockeye Salmon Maki</b>	<b>5.95</b>
<b>Unagi Maki</b> BBQ eel	<b>6.55</b>
<b>Negitoro Maki</b> *limited quantity tuna belly chopped with green onion	<b>7.95</b>

## NOODLE

<b>YAKISOBA</b> pan fried thin noodle		<b>UDON</b> thick noodle in soup	
<b>Vegetable</b>	<b>14.95</b>	<b>Vegetable</b>	<b>11.95</b>
<b>Chicken</b>	<b>15.95</b>	<b>Chicken</b>	<b>13.95</b>
<b>Beef</b>	<b>16.95</b>	<b>Beef</b>	<b>14.95</b>
* Yakiudon available with \$2.50 additional charge		* Spicy Ramen	
			<b>9.95</b>

## TERIYAKI served with rice

<b>Tofu</b>	<b>16.95</b>
<b>Chicken</b>	<b>17.95</b>
<b>Beef</b>	<b>19.95</b>
<b>Salmon</b>	<b>20.95</b>

## SASHIMI sliced raw fish served with thinly chopped radish

<b>Tuna Sashimi</b>	5pcs <b>12.55</b> , 9pcs <b>21.95</b>
<b>Atlantic Salmon Sashimi</b>	5pcs <b>12.55</b> , 9pcs <b>21.95</b>
<b>Tuna Tataki Sashimi</b> seared tuna	5pcs <b>13.95</b> , 9pcs <b>24.95</b>
<b>Spicy Tuna Sashimi</b>	small <b>14.55</b> , large <b>25.95</b>
<b>Sockeye Salmon Sashimi</b>	5pcs <b>14.75</b> , 9pcs <b>26.55</b>
<b>Toro Sashimi</b> *limited quantity tuna belly	5pcs <b>16.75</b> , 9pcs <b>29.95</b>
<b>Assorted Sashimi</b>	12pcs <b>29.95</b>